



Colegio Eduardo De Geyter
Subject: ENGLISH
Year 2020
Teacher: Germán Vargas Contreras

GUIA #6 – SEPTIMOS BÁSICOS

Name:	Date:	Grade: 7th ____
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I.- PRACTISE YOUR VOCABULARY. CLASSIFY THEIR CLOTHES (Practica tu vocabulario. Encasilla su ropa según la clasificación)

JUNK FOOD: Comida chatarra.	HAM: Jamón.
SODA: Bebida, gaseosa.	QUICK: Rápido
BREAD: Pan	BUTTER: Mantequilla

II.- READING. READ ABOUT LISA'S EATING HABITS. THEN, MAKE SOME CHANGES TO MAKE THEM HEALTHY. (Lectura. Lee acerca de los hábitos alimenticios de Lisa. Luego, hazles algunos cambios para hacerlos sanos.)

Hello, I'm Lisa! This is my food routine: for breakfast I usually drink milk and eat a chocolate muffin or a piece of brownie. Then, for lunch, I eat a sandwich with ham and cheese, and soda or pineapple juice with sugar, of course. For dinner, I usually have something quick, like cookies or bread and butter, oh, and a glass of soda, for sure! I don't have much time to cook, but I guess I could eat healthier, what do you think?



Breakfast:
Lunch:
Dinner:



III.- READING. READ THE TEXT AND UNDERLINE THE WORDS YOU DON'T KNOW. (Lectura. Lee el texto y destaca las palabras que no conoces)

Water and Your Body

Your body and the blue stuff – water facts

Do you know that approximately 66% of the human body is water? Water exists in all our organs and is transported through our body to assist with physical functions. The total amount of water in the body of an average adult is 37 liters. Human brains are 75% water, human bones are 25% water, and human blood is 83% water. Humans drink an average of 75,000 liters of water throughout their lives.

A person can live for a month without food, but only for a week without water. If a human does not absorb enough water, the body will dehydrate.

Water helps regulate the temperature and removes waste from the human body. If you have a fever, you should drink lots of water. Healthy people should drink two liters of water daily.

Water is extremely important to us, but it can cause serious damage to our health when it is contaminated by bacteria or other microorganisms. Never drink water straight from a lake or river, as it can damage your health. In most cities and towns, drinking water is treated so that people don't get sick with diseases such as cholera and typhoid. However, 25% of the world's population is at risk from untreated water.

Adapted from: www.lenntech.com
(Accessed 30-04-2015)



IV.- READING. ANSWER THE QUESTIONS ACCORDING TO THE TEXT. (Lectura. Responde las preguntas según el texto)

- a. Which three parts of the body mentioned in the text contain large amounts of water?

- b. What are the functions of water stated in paragraph three?

- c. What types of diseases are caused by bacteria in water?
